



GIVE THE GIFT OF HOPE AND HEALING

As Pensacola's only locally-owned not-for-profit health care organization, it is our purpose to care for communities throughout the region.

This holiday season, you can help in giving the gift of hope and healing by making a donation. For more information, visit us at BaptistHealthCareFoundation.org or call **850.469.7906**.

WELLNESS EDUCATION

To register for these events, call 850.469.7897. Reservations are required.

LIVING EASIER WITH ARTHRITIS

Fri., Dec. 8, 11:30 a.m. lunch; noon to 1 p.m. seminar
Marta Brinkley, occupational therapist, Andrews Institute
Baptist Medical Park – Navarre, 8888 Navarre Parkway,
2nd Floor Conference Room

ADVANCE DIRECTIVES AND END OF LIFE DECISIONS

Fri., Dec. 15, 11:30 a.m. lunch; noon to 1 p.m. seminar
Kelly Markham, LCSW, palliative care manager, Baptist Hospital
Andrews Institute Athletic Performance & Research Pavilion,
1040 Gulf Breeze Parkway, Conference Room B

GOUT: SYMPTOMS AND TREATMENTS

Wed., Dec. 13, 11:30 a.m. lunch; noon to 1 p.m. seminar
Lorena Cornwell, ARNP, family medicine, Baptist Medical Group Primary Care - Live Oak
Baptist Towers Medical Meeting Rooms, 1717 North E St., Avery St. Entrance

DECEMBER

Be the Gift



Consider giving the best gift of all for a foster child. Become a foster or adoptive parent!

Contact FamiliesFirst Network of Lakeview at **850.429.6667** to learn more.

SUPPORT GROUPS

For more information, call a representative at one of the phone numbers listed.

BAPTIST MOMMY AND ME PLAY GROUP

Thurs., Dec. 7 and 21, 10 a.m. to noon
Baptist Hospital, Prenatal Classroom, 3rd Floor
This is a free support group for moms with babies up to six months old.
For more information, call 850.434.4567.

WEIGHT-LOSS SURGERY SUPPORT GROUP

Tues., Dec. 12, 5:30 to 6:30 p.m.
Baptist Tower 3, Ground Floor
Baptist Weight-Loss Center, 1717 North E St.
For more information, call 850.437.8746.

PATIENT AND FAMILY CANCER SUPPORT GROUP

Tues., Dec. 12, 4 to 5:30 p.m.
Baptist Towers, Tower 3, Suite 233
1717 North E St., Avery Street Entrance
For more information, call 850.469.7372.

PROSTATE CANCER SUPPORT GROUP

Thurs., Dec. 14, 5 to 6:30 p.m.
Baptist Towers, Tower 3, Suite 233
1717 North E St., Avery Street Entrance
For more information, call 850.469.7372.

BAPTIST URGENT CARE Holiday Hours



BAPTIST URGENT CARE – AIRPORT
Christmas Day, 7 a.m. to 7 p.m.
New Year's Day, 7 a.m. to 7 p.m.

BAPTIST URGENT CARE – NINE MILE
Christmas Eve, 7 a.m. to 3 p.m., Closed Christmas Day
New Year's Eve, 7 a.m. to 3 p.m., Closed New Year's Day

To learn more about our providers, visit BaptistMedicalGroup.org.

BAPTIST **EasySchedule**

ONLINE SCHEDULING
for primary and urgent care.

EASYSCHEDULE.COM

