



Watch for Mindful Menu Selections...

Look for the Wellness and You symbol to find your way to better nutrition..

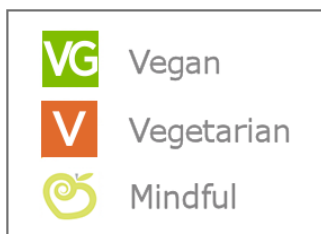
Celebrate American Heritage Month!!

Hours

Breakfast 6:30 am - 10:00 am
Closed 10:00 am - 11:00 am
Lunch 11:00 am - 2:00 pm
Grill/Pizza 2:00pm- 4:30 pm
Dinner 4:30 pm - 7:00 pm
Grill/Pizza 7:00 pm - 11:00 pm
Closed 11:00 pm - Midnight
Late Night 12:00 am - 2:00 am

Managers

Scott Collett /General Manager
469-5139
Victoria Berube/Patient Services
469-7240
Pam Molett/Clinical Nutrition
434-4508
Russ Beekman/Retail Manager
469-7296
Lisa Rivera/Chef Manager
469-5163
Deb Carter/Retail Supervisor
469-7049
Ray Carrasco/Retail Supervisor
434-4800
Tim Minor/Kitchen Supervisor
469-5163



BAPTIST BISTRO CAFE

Week of Monday September 18

Monday

Soup:	Chicken Gumbo ☺	1.69
	Broccoli Cheddar Cheese Soup	1.69
Entree:	Bacon Wrapped Pork Loin	3.29
	Cheese Manicotti with Two Sauces V	3.99
Side Dish:	Steamed Vegetable Medley VG ☺	1.09
	Chive and Garlic Mashed Potatoes V	1.09
	Saute Spinach VG ☺	1.09
	Garlic Breadstick V	.79

Tuesday

Soup:	Chicken and Corn Chowder	1.69
	Chili con Carne (Mindful) ☺	1.69
Entree:	Sesame Chicken Breasts	3.29
	Beef Stroganoff	3.29
Side Dish:	Steamed Broccoli Crowns VG ☺	1.09
	Egg Noodles V	1.09
	Balsamic Roast Vegetables VG ☺	1.09

Wednesday

Soup:	Cheeseburger Chowder	1.69
	Vegetable Chili (Mindful) V ☺	1.69
Entree:	Stuffed Peppers	3.29
	Herb Baked Chicken	3.29
	Extra Crispy Fried Chicken	3.29
Side Dish:	Four Cheese Creamy Mac & Cheese V	1.09
	Roasted Asparagus VG ☺	1.09
	Mustard Greens with Garlic V	1.09
	Baby Carrots VG ☺	1.09

Thursday

Soup:	Ham and Collard Green Soup	1.69
	Chunky Beef Noodle Soup ☺	1.69
Entree:	Chicken Fried Steak with Cream Gravy	3.29
	Smothered Pork Chops	3.29
Side Dish:	Okra Sauteed with Tomato VG	1.09
	Sautéed Zucchini V	1.09
	Low Fat Garlic Mashed Potatoes V ☺	1.09
	Dirty Rice V ☺	1.09

Friday

Soup:	Lighthouse Clam Chowder ☺	1.69
	White Bean, Cabbage & Sausage Soup	1.69
Entree:	Spaghetti & Meat Sauce	3.19
	Fish & Chips	4.79
Side Dish:	Steamed Fresh Carrots VG ☺	1.09
	Sautéed Summer Squash with Tomato VG ☺	1.09
	Fresh Breadstick V	.79

Saturday

Soup:	Chicken Vegetable Orzo Soup ☺	1.69
Entree:	Beef Taco Salad	5.59
	Chicken Taco Salad	5.59

Sunday

Soup:	Smoked Ham, Cabbage and Potato Soup	
Entree:	Fried Chicken	3.29
	Herb Baked Chicken	3.29
Side Dish:	Turnip Greens with Butter V	1.09
	White Rice V ☺	1.09
	Brown Gravy	